

# Groepslesrooster Dynamico

Maandag	Dinsdag	Woensdag	Donderdag	Vrijdag	Zaterdag	Zondag
<p>09:00 - 10:00 ● Pilates</p> <p>10:00 - 11:00 ● Pilates Plus</p> <hr/> <p>18:30 - 19:30 ● Pilates Plus</p> <p>19:30 - 20:30 ● Powerpump</p>	<p>09:00 - 10:00 ● Rugfit</p> <p>10:00 - 11:00 ● Pilates</p> <hr/> <p>17:45 - 19:00 ● Yoga</p> <p>19:00 - 19:45 ● Small Group TR (hit)</p> <p>19:30 - 20:30 ● Spinning</p>	<p>09:00 - 09:45 ● Small Group TR (hit)</p> <p>10:00 - 11:00 ● Body &amp; Mind</p> <hr/> <p>18:30 - 19:30 ● Powerpump</p> <p>19:30 - 20:30 ● Cardioboxing</p>	<p>09:00 - 10:00 ● Pilates Plus</p> <p>10:00 - 11:30 ● Yoga</p>	<p>09:00 - 10:00 ● Pilates</p>	<p>09:30 - 10:15 ● Small Group TR (hit)</p>	